

Sara's New Way to Go





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SpeediCath® catheters are prescribed for use for patients who require bladder drainage due to urine retention or post void residual volume (PVR). Before use, carefully read all of the instructions. Call your doctor if you think you have a UTI or can't pass the catheter into the bladder. For more information regarding risks, potential complications and product support, call Coloplast Corp. at 1-866-226-6362 and/or consult the company website at www.coloplast.us. Caution: Federal law restricts this device to sale by or on the order of a physician.

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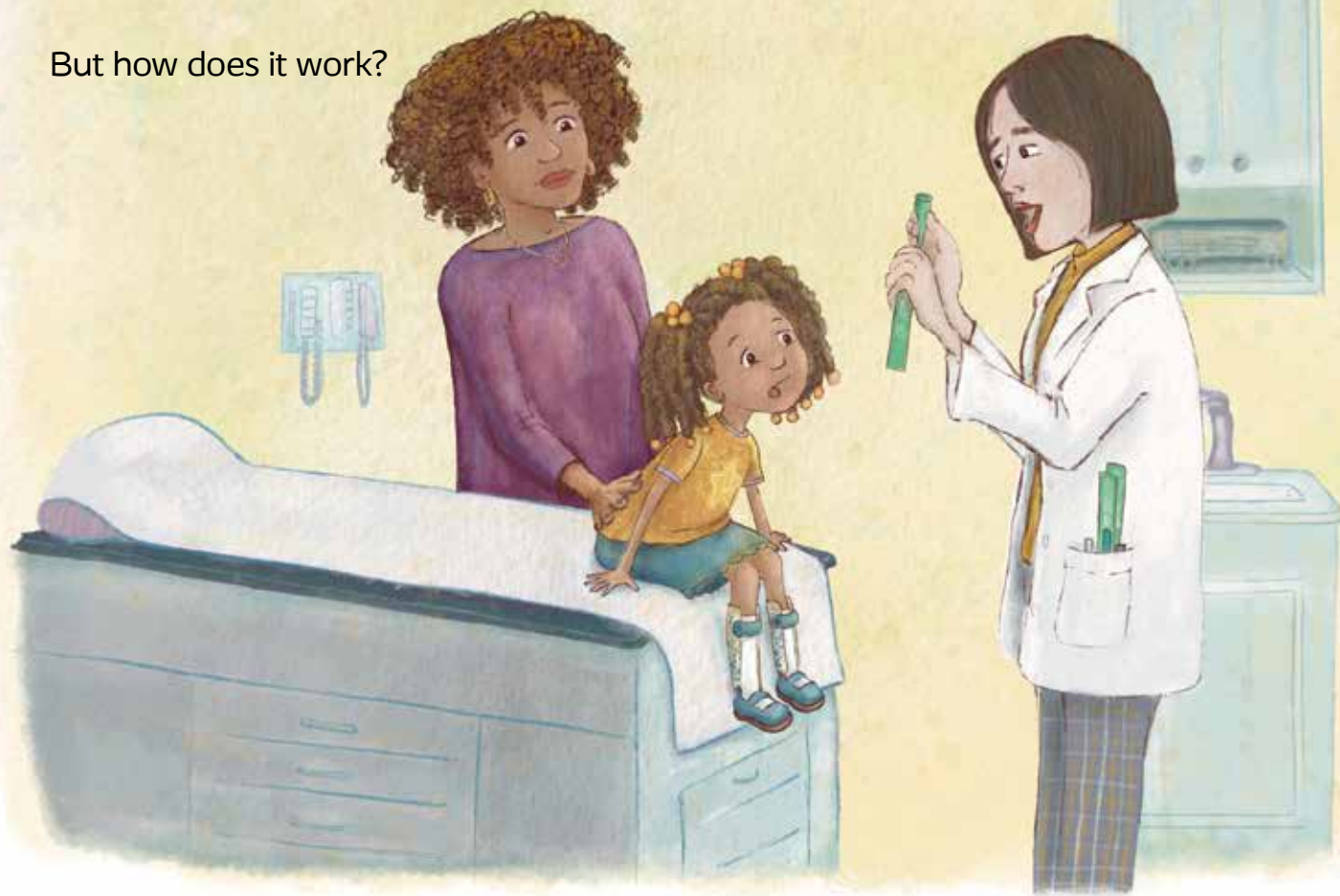
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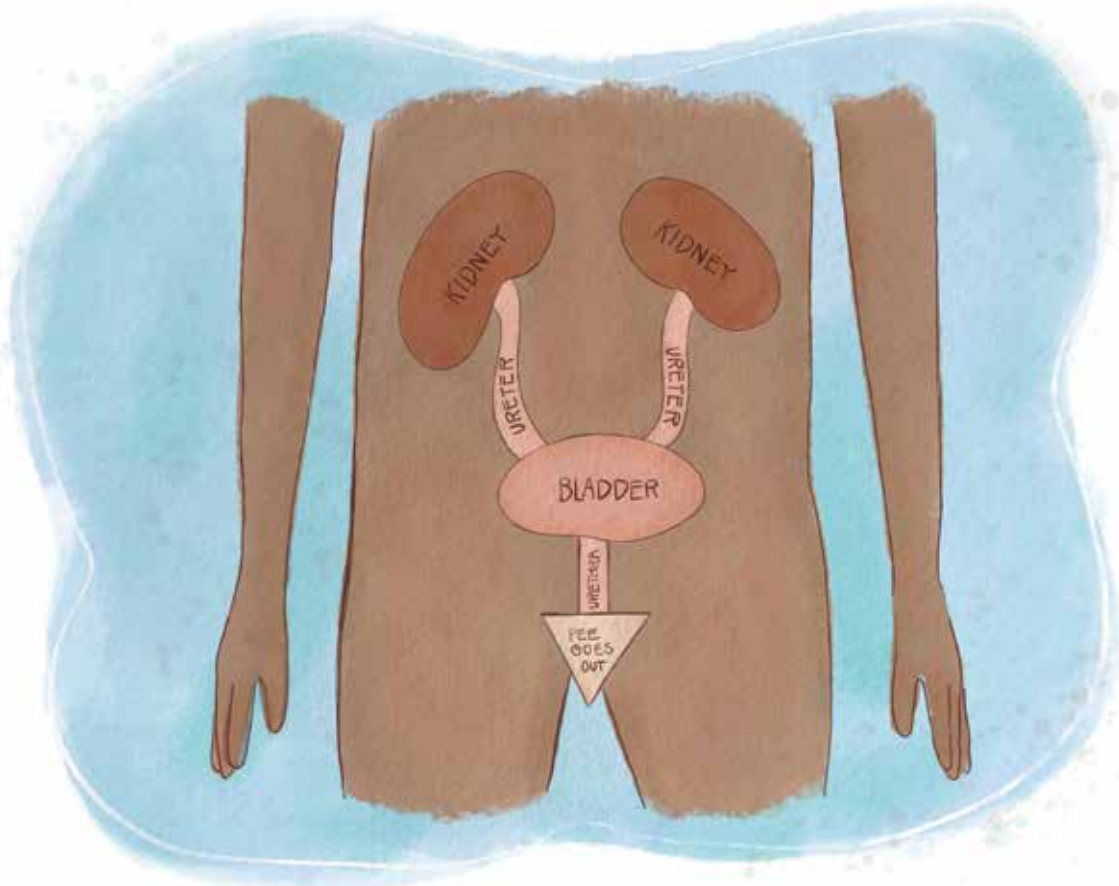
Hi, my name is Sara! I love learning new things. At school I learned all about the stars and planets. I think outer space is so cool! I want to be an astronaut when I grow up.



I'm also learning how to use a catheter to help me pee.
The doctor showed me a catheter that goes inside of me
and lets the pee come out. I will need to take one with me
when I go to the bathroom.

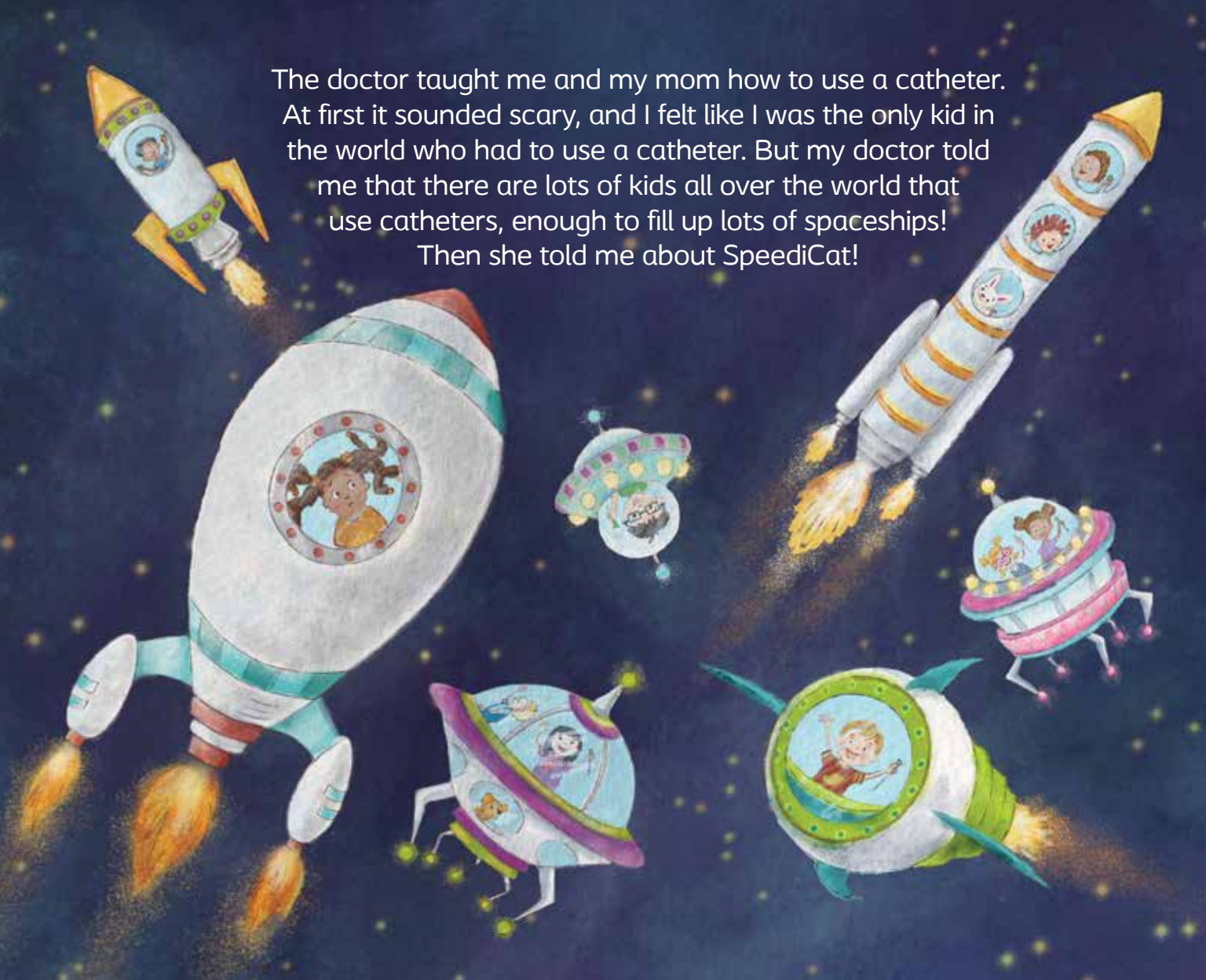
But how does it work?





The doctor told me that everyone has to pee to keep our bodies healthy. Sometimes kids and adults need a little extra help from a catheter to remove pee. Pee is stored in my bladder and leaves my body through an opening called the urethra.

The doctor taught me and my mom how to use a catheter.
At first it sounded scary, and I felt like I was the only kid in
the world who had to use a catheter. But my doctor told
me that there are lots of kids all over the world that
use catheters, enough to fill up lots of spaceships!
Then she told me about SpeediCat!

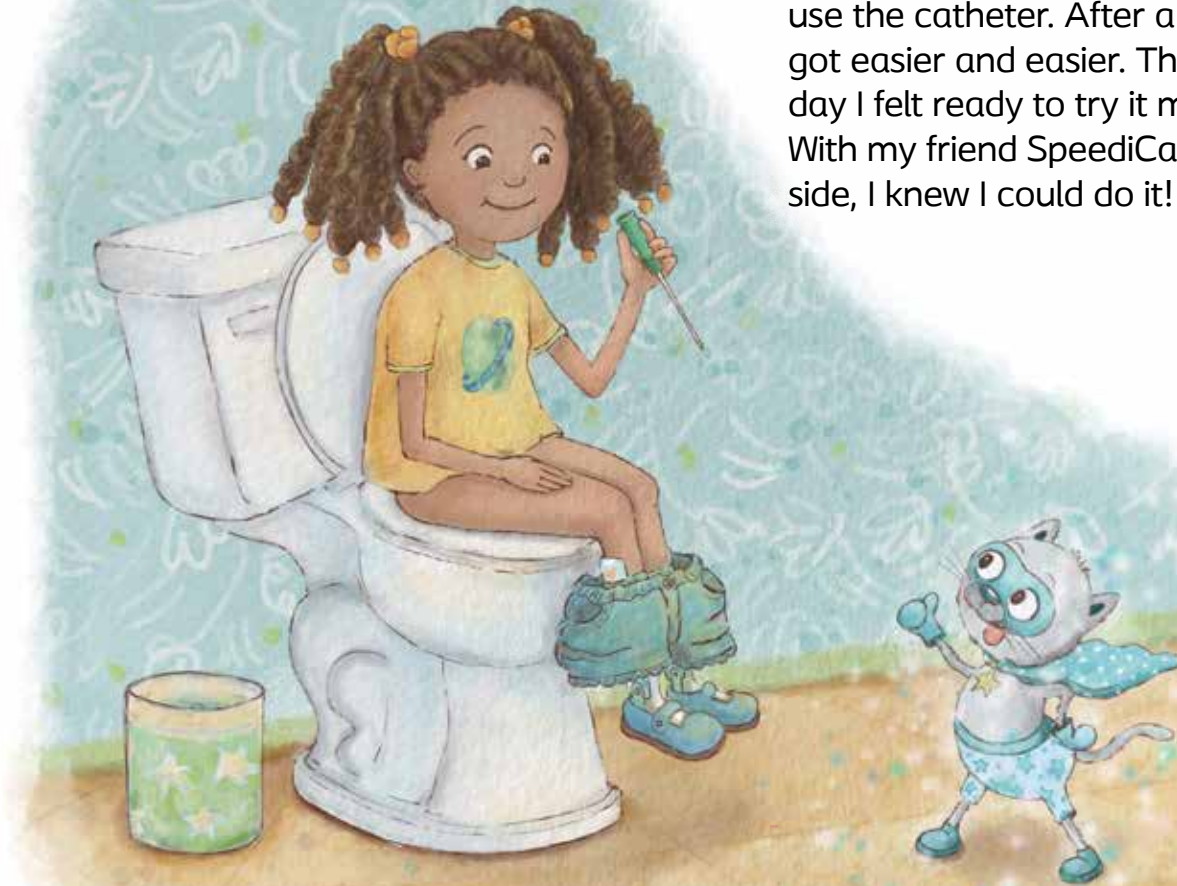




SpeediCat can fly at lightning speeds and uses a catheter to go to the bathroom, too. My doctor told me, "If you're ever feeling scared about using your catheter, just remember that if SpeediCat can do it, you can too!"



At first, my parents helped me use the catheter. After a while, it got easier and easier. Then one day I felt ready to try it myself. With my friend SpeediCat by my side, I knew I could do it!



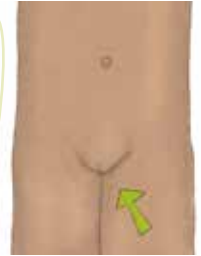
I imagined SpeediCat telling me what to remember every time I go pee using the catheter:



Wash your hands with warm water and soap. Sing the ABC's while washing to get your hands nice and clean.

Wash your hands one more time.

Clean the area of your body where the pee comes out.



Put the catheter back in the package and throw it in the garbage.

Don't touch the part of the catheter that goes inside your body. Hold onto the end that looks like a funnel.

Follow the instructions from your doctor, or the product you are using, to make sure you are emptying all the pee from your bladder every time you use the catheter.



I knew you could do it! Now, it's time to go play!
Let's pretend we are in a spaceship headed to the moon!

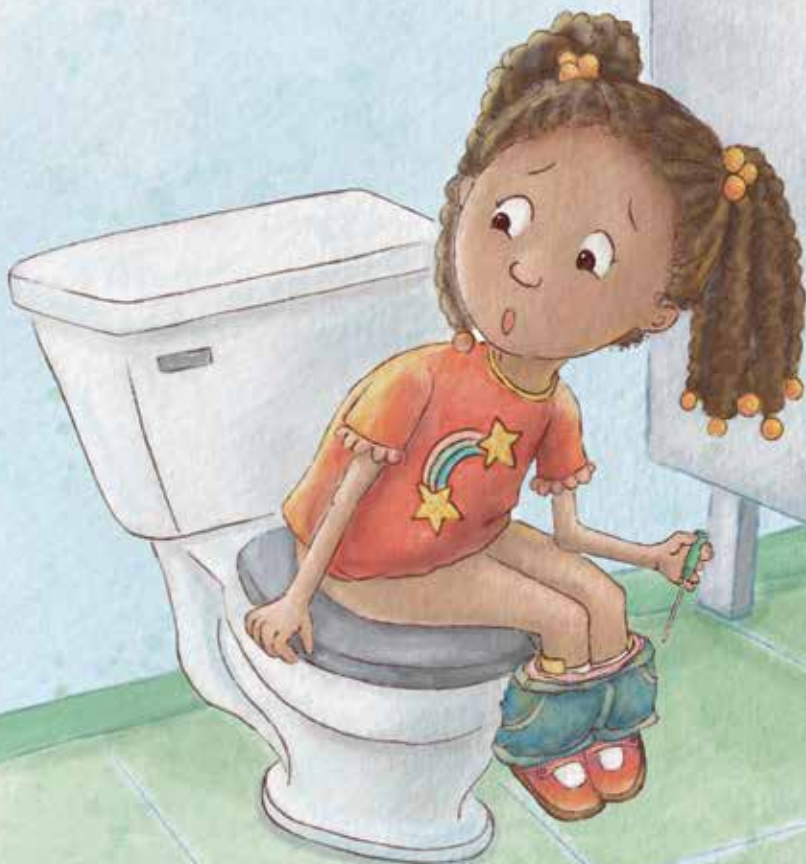




SpeediCat and I zoomed past planets, stars, and meteors—but then I remembered that I had school in the morning, and I needed to bring my catheter supplies. SpeediCat had a great idea and helped me write a list of things I would need the next day.

My mom helped me too.
She looked at my list and
put all my catheter supplies
in a special bag and put it
in my backpack. She also
made sure that I had a few
extra catheters, just in case!



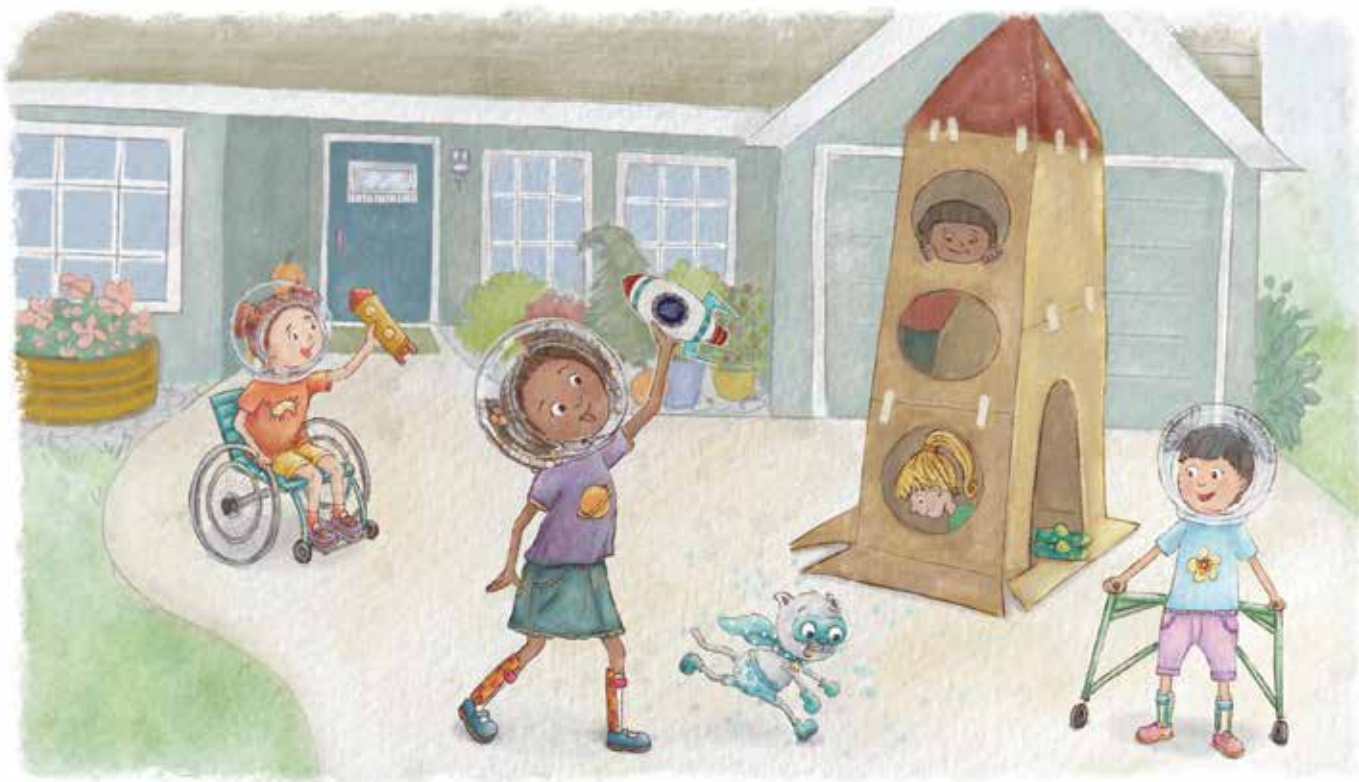


The next morning, I made sure to bring my catheter supplies and SpeediCat to school with me. At school, sometimes the nurse helps me use my catheter, but today I did it by myself.

I followed the steps in my head, and I was able to go pee and remove my catheter. But then I realized that there was no garbage can in my stall, and I didn't know what to do.

Thankfully, SpeediCat helped me remember that I could put the catheter back into the package and throw it away in the garbage can. I was nervous that someone would notice and ask me what it was. My catheter package is small, and I was able to fit it in my pocket. When I threw it away, nobody even noticed. Thanks for the help, SpeediCat!





Now that I knew I could use my catheter at school by myself, I felt like I could use it more places.

When my friend asked if I wanted to have a sleepover at her house, I said yes right away. Before we left for my friend's house, SpeediCat reminded me to pack all my catheter supplies. We had so much fun at the sleepover playing spaceship together!



Sara loves learning—especially about outer space! But when Sara learned about her new way to go pee using catheters, she was scared. After her doctor explained why she had to use them and showed her how they work, Sara started to feel happy that she understood. With her friend SpeediCat by her side, Sara was ready to try using the catheter on her own. This gave her confidence to use a catheter to go pee at school and even at a friend's house. Now that Sara can go pee using a catheter, she is able to do all the fun things she loves, like playing spaceship with SpeediCat!